***UNIFORM/DRESS CODE***

# ***Personal Appearance***

It is a long-standing and valued tradition and identity of Catholic schools to wear a school uniform with pride and dignity. The Sacred Heart School uniform is always to be worn neatly and correctly. Students are required to wear the clean, full school uniform properly throughout the school day except for “out of uniform” or “spirit shirt” days. Uniforms are to be checked by the homeroom teacher each morning and observed throughout the day.

If, for any reason, your child must come to school out of uniform, they must be dropped off at the office, and a parent must speak with either the principal or the Assistant Principal regarding the matter. Each part of the uniform is a necessity and is to be worn clean, correctly and neatly. Students who fail to comply with school uniform policy can be subject to corrective action. There are times when exceptions may be made at the discretion of the principal and/or Assistant Principal. There are times when circumstances are extenuating and must be taken into consideration with a spirit of charity. We now require all shirts and jumpers to display the **Sacred Heart School logo.**

The personal appearance of Sacred Heart School students is important to all of us. The goal for having school uniforms is to de-emphasize the importance of fashions and fads so that children can concentrate more on learning and become outstanding Christian examples. The natural look of your child is beautiful and wanted at school.

* Teachers will regulate student appearance initially during homeroom at the beginning of the day and throughout the day as well. Teachers will send home a notice to the parent/guardian if a problem exists or needs correction.
* If a problem is not fixable on the spot, a call will be placed to the parent and a note sent home.
* Your child is to have **his/her natural hair color** (this includes no dyes, highlights, no hair extensions or hair pieces).
* Length of boys’ hair must be kept no lower than the eyebrows and is not to exceed the top of the shirt collar or hang over the top of the ear. No distracting hairstyles or disruptive colors or styles are to be worn (dreadlocks, Mohawks, ponytails, mullets, etc.)
* Facial hair is not permitted (occasionally applies to upper grades).
* Boys may not wear earrings.
* Girls may wear one pair of “stud” earrings. Loop and other styles are not worn to school for safety reasons.
* A simple chain with a sacramental emblem or religious symbol is permitted (scapulars are also acceptable).
* Wristwatches (no smart watch) or a single bracelet is acceptable.
* Girls may wear clear-colored fingernail polish NO ***FAKE NAILS PERMITTED.***
* Form-fitted outerwear is not acceptable.
* Blue jean pants, and non-uniform shorts are not permitted to be worn without the consent of the administration.
* Excessive jewelry, fad accessories, and similar items may not be worn at school.
* Writing or coloring on one’s body or uniform, or on the body or uniform of another is not permitted.
* Non-uniform sweaters, sweatshirts, windbreakers, jackets, or coats ***CANNOT BE WORN IN THE CLASSROOM, CHURCH, CAFETERIA, OR ACTIVITIES BUILDING DURING ASSEMBLIES.***

***Girls' Uniform***

1. Blouses: SHS emblems are required on 6-8 blouses.

Pre-K — 5th Grade: plain, button-up, unadorned, tailored, white, long or short sleeves uniform blouse. NO OVERSIZED BLOUSES. During the cold winter days, a **white** (only white) turtleneck may also be worn with the uniform jumper or the uniform pants, but it must be under the uniform blouse.

Grades 6-8: plain, button up light blue oxford, long or short sleeve uniform blouse.

During the hot first and last months of school, the PK3-8th grade girls will be allowed to wear a **Royal Blue unisex polo shirt** with the uniform shorts only (dry fit polo shirts will be allowed). The polo shirts may not be fitted or capped sleeves. All polo shirts much have the SHS emblem.

***When wearing the skirts or jumpers, the white uniform blouse for grades PK-5th and the blue oxford blouses for grades 6th – 8th will be required.***

1. Skirts/Jumpers: all will be **knee length.** Jumpers must be worn in grades K-­5. All jumpers are to have the SHS emblems. The 6 - 8th grades will wear the uniform skirts. The skirt should be **knee length**. Due to growth patterns, skirts and jumpers should be checked throughout the year to **refrain from becoming too tight or too short.**
2. Outerwear for Girls: **Only navy blue jackets.** No other color can be worn at any time. Jackets must be solid navy, no other shade of blue. No logos or names are to be on the jackets. Every child must have his or her name written on the tag. The jackets must be in good condition and fit properly (cannot be oversized).
3. Pants: solid navy **"uniform"** pants may be worn only on **cold wintry days. (Cold wintry days will be announced by the office)**
4. Shorts: All grades have the option of wearing navy blue uniform shorts (1st and 4th nine weeks only).
5. Belts: Belts must be worn when wearing pants. The color of the belts will be black.(Grades 1-8)
6. Socks: **solid navy blue knee socks or ankle socks (No Show Socks are not allowed).** During cold winter days, girls in all grades may wear solid **navy blue leggings** that fit snugly under their jumpers or skirts. The leggings must cover the entire leg, and their socks must cover the hem of the leggings. Girls may also wear solid navy blue pantyhose or tights under their jumpers and skirts with navy socks. **Pants of any nature are NOT allowed to be worn under skirts or jumpers.**
7. Boots: No steel toe or pointed boots are allowed.
8. Shoes: Tennis shoes are to be **solid black or white, only.** Laced shoes are to be tied and Velcro attached. Dress shoes may be solid white or black. Absolutely no other colors are to be used. No Sperries will be permitted.
9. Hair accessories: Hair accessories such as bows, barrettes, and headbands should be solid white, solid navy blue, or uniform plaid color only.
10. Make up: Only 7th and 8th grade girls may wear mascara and a light powdering of blush that will be approved by the faculty. **Absolutely no eyeliner, eye shadow, or make-up foundation.** Any abuse of this policy will result in the loss of make-up privilege.
11. Hair: Hair must be kept neat, cleaned and combed. Hair should always be kept out of eyes and face. Your child is to her natural hair color (this includes no hair extensions or hair pieces, etc). No "faddish" hairstyles will be allowed. **No coloring or highlights are allowed**.

***Boys' Uniform***

1. Shirts: SHS (old or new) emblems are required Pre-K to 5th Grade: plaid button down shirts. Grades 6-8: light blue button down oxford shirts.

T- Shirts worn under the uniform shirt may only be solid white **with no logos.** PK3-8th grade boys will be allowed to wear a **Royal Blue Polo Shirt** with the uniform shorts (dry fit polo shirts will be allowed).

1. Outerwear for Boys: **Only navy blue jackets.** No other color can be worn at any time. Jackets must be solid navy, no other shade of blue. No logos or names are to be on the jackets. Every child must have his or her name written on the tag. The jackets must be in good condition and fit properly (cannot be oversized).
2. Pants:  **"Uniform"** navy pants must be worn with a belt. NO BLUE JEANS. Pre-School and Pre-Kindergarten students may have elastic in the waist and no belt.
3. Socks: Solid navy crew length (mid-thigh) or ankle socks. “No shows” socks will not be permitted.
4. Shorts: All grades have the option of wearing navy blue uniform shorts(1st and 4th nine weeks only).
5. Boots: No steel toe or pointed boots are allowed.
6. Shoes: Tennis shoes are to be **solid black or white, only.** Laced shoes are to be tied and Velcro attached. Dress shoes may be solid white or black. Absolutely no other colors are to be used. **No Sperries** will be permitted.
7. Hair: Must be kept neatly trimmed around the ears, above the eyebrows, and cannot touch the collar. No "faddish" hair styles will be allowed. No coloring or highlights are allowed.
8. Belts must be black and always be worn.
9. On Mass days or official outings representing the school, boys in grades 6-8 may wear navy blue ties.

***Directives***

1. Spirit school t-shirts may be worn on field trips and when given permission by the principal. This includes the SHS Fair t-shirts.
2. Athletic jerseys may be worn only when permission is given by the principal. The football and basketball jersey must be worn over the school shirt.
3. All shirts and blouses must be tucked in.
4. **All uniforms must be clearly labeled with the child's name on it, preferably on the tag.**

All students shall wear the complete uniform when leaving the school grounds, including at the end of the day. **Students are asked to keep their shirt tucked in at all times, except during the noon recess and P.E.**

***On Mass days or official outings, (even in the wintry months) girls must wear jumpers or skirts, and the boys must wear uniform pants. Boys in grades 6-8th may wear ties during Mass.***

***Uniform Infractions***

Violations of the uniform policy will result in notifications being place in the students’ file. The students will be denied participation in the next “out-of-uniform” day and may serve a detention and a fee of $10 may be assessed after the 5thuniform infraction and for each subsequent uniform infraction.

***SHS Spirit/Jean Day***

**Every Thursday will be a $1.00 SHS Spirit/Jean Day**.

**“SHS Spirit/Jean Day” Dress Code**:

These days are optional. If a student wishes to participate he/she may bring $1 and will be allowed to wear his/her spirit day T-shirt (the one purchased with the registration fee for field day) or any SHS t-shirt with jeans or his/her uniform shirt. His/her jeans may not have holes any place nor frayed threads at the hem. They may not be cut too low at the waist and shirts must be tucked in at all times. Belts must be worn and they can only be black.

**The shoes and socks must be tennis shoes or follow normal dress code** . No pants other than jeans may be worn. **Participation is not mandatory**. If a student chooses not to wear jeans, the regular school uniform must be worn.

***Out of Uniform “Free Dress Days” Guideline***

Free Dress days will be very limited and only granted with the approval of the principal. Clothes worn must be appropriate and tasteful.

**Students may wear:**

\*jeans (NO distressed –jeans with holes in them, or tight, skinny jeans)

\*tennis shoes

\*short socks

\*shorts (no shorter than three inches above the knee)

\*skirts (no shorter than three inches above the knee)

\*skorts (no shorter than three inches above the knee)

\*sweatshirts

\*jogging suits

\*nail polish (girls may wear *only* clear polish)

\*jewelry

\*dresses

\*slacks

**Students may not wear:**

\*flip-flop sandals

\*no open back shoes

\*tank tops

\*T-shirts with inappropriate writing

\*tennis shoes that convert to roller skates

\*biker shorts or pants

\*pajama pants

\*yoga pants

\*leggings worn as pants – leggings must be worn with a dress or skirt

\*make-up

\*low cut blouses/tops

\*sleeveless blouses/tops

\*clothing that is extremely tight

\*distressed jeans

\*tight, skinny jeans

\*hats

\*pointed or steel toed boots

\*low cut or sagging pants

**Good Rule: If you think you shouldn’t wear it, you shouldn’t.**

***If a student is wearing inappropriate clothing, his/her parent may be called to bring him/her a uniform to change into.***

**ALL UNIFORM REGULATIONS AND GUIDELINES ARE SUBJECT TO THE DISCRETION OF THE PRINCIPAL.**